

**10/1/2023 Bangor**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Breakfast:</b> Egg McMuffin <b>Lunch:</b> Meat Sandwich Cottage Cheese Applesauce <b>Supper:</b> Crispy Chicken Sandwich Pears	<b>Lunch:</b> Chicken Taco Bake Fruit Salad  <b>Supper:</b> Potato and Ham Soup Crackers Cookie	<b>Lunch:</b> Chicken Alfredo Garlic Toast Green Beans  <b>Supper:</b> Fried Egg Sandwich Bacon Peaches	<b>Lunch:</b> Shepherd's Pie with Mixed Vegetables Jello <b>Supper:</b> Cheesy Hashbrowns Peas	<b>Lunch:</b> Meatloaf Mashed Potatoes Corn  <b>Supper:</b> Chicken Noodle Soup Crackers Cookie	<b>Lunch:</b> Tuna Melt Fried Potatoes Jello with Mixed Fruit  <b>Supper:</b> Chicken Nuggets Potato Chips Peas	<b>Lunch:</b> Ham & Swiss Sliders Carrots Peaches  <b>Supper:</b> Cheese Burger on a Bun French Fries Fruit
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Breakfast:</b> French Toast Sausage <b>Lunch:</b> Cowboy Beans Mandarin Oranges Cookie <b>Supper:</b> Burrito/Wraps Chips Pickle	<b>Lunch:</b> Meatballs Mashed Potatoes Pears  <b>Supper:</b> Twice Baked Potatoes Broccoli Applesauce	<b>Lunch:</b> Hashbrown Egg Bake Fruit Salad Toast  <b>Supper:</b> Walking Taco Pineapple Cookie	<b>Lunch:</b> BLT's Pasta Salad Fruit  <b>Supper:</b> Chicken Salad Sandwich Potato Chips Mixed Vegetable	<b>Lunch:</b> Biscuits & Sausage Gravy Mandarin Oranges  <b>Supper:</b> Tomato Soup Grilled Cheese Dirt Cake	<b>Lunch:</b> Tuna Salad Sandwich Fries Mixed Fruit  <b>Supper:</b> Roast Potatoes Carrots Jello	<b>Lunch:</b> Chicken Tenders Fried Potatoes Carrots & Peas  <b>Supper:</b> Corn Dogs French Fries Peas
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Breakfast:</b> Fried Egg Sandwich <b>Lunch:</b> Sloppy Joe on a Bun Chips Peaches <b>Supper:</b> Cinnamon Toast Egg Bake Vegetable Peanut Butter Bon Bon	<b>Lunch:</b> Chicken Stir Fry Rice Jello  <b>Supper:</b> Hot Roast Beef & Swiss Cheese Sandwich	<b>Lunch:</b> Salisbury Steak Mashed Potatoes Carrots  <b>Supper:</b> Homemade Soup Chicken Noodle Crackers	<b>Lunch:</b> Chefs Choice Casserole  <b>Supper:</b> Fried Ham Sandwich on Bread Stuffing Peas	<b>Lunch:</b> Beef Vegetable Stew Buttered Bread Peaches  <b>Supper:</b> Cheese Quesadilla Corn Peas	<b>Lunch:</b> Fish Sandwich on a Bun Tater Tots Cole Slaw <b>Supper:</b> Tips & Noodles Green Beans Peanut Butter Rice	<b>Lunch:</b> Hamburger Gravy over Mashed Potatoes Peas  <b>Supper:</b> Egg & Bacon Sandwich Mandarin Oranges
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Breakfast:</b> Oatmeal <b>Lunch:</b> Hot Dog on a Bun Mac & Cheese Applesauce <b>Supper:</b> Tuna Salad Sandwich Potato Chips <b>Ice Cream Social in House 8 after supper</b>	<b>Lunch:</b> Creamed Chipped Beef over Toast Peaches  <b>Supper:</b> Baked Ziti Garlic Toast Green Beans	<b>Lunch:</b> Taco Bake Fruit Salad  <b>Supper:</b> Chicken Gravy over Biscuits Mixed Vegetables	<b>Lunch:</b> Chicken Parmesan over Pasta Green Beans  <b>Supper:</b> Sloppy Joe on a Bun Peas Nutter Butter	<b>Lunch:</b> Chicken Potato Bake Mixed Fruit  <b>Supper:</b> Meatball Sub Cottage Cheese Cake	<b>Lunch:</b> Fish Sticks Tater Tots Peaches  <b>Supper:</b> Chicken Rice & Broccoli Casserole Pudding	<b>Lunch:</b> BBQ Pork on a Bun Potato Salad Applesauce  <b>Supper:</b> Chicken Nuggets French Fries Peas
<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>			
<b>Breakfast:</b> Scrambled Egg Toast <b>Lunch:</b> Ranch Chicken Spread on Bread Corn Peanut Butter Bar <b>Supper:</b> Bacon Cheeseburger Pasta Bake	<b>Lunch:</b> Popover Pizza Corn Brownie  <b>Supper:</b> Tomato Basil Soup Grilled Cheese Peas	<b>Lunch:</b> Beef Stroganoff Carrots Applesauce  <b>Supper:</b> KFC Bowl (Popcorn Chicken, Mashed Potatoes, Gravy, Corn)	<b>Halloween Party House A&amp;B Lunch:</b> Chicken Gravy over Biscuits Corn Brownie  <b>Supper:</b> Vegetable Beef Soup Crackers			

**Monday - Saturday Breakfast is Hot/Cold Cereal/ Eggs and Toast**  
**Please offer leftovers, peanut butter & jelly, and or eggs if a resident states they are hungry after finishing the main meal.**