

10/1/2023 Sparta

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Breakfast: Egg McMuffin Lunch: Meat Sandwich Cottage Cheese Applesauce Supper: Crispy Chicken Sandwich Pears	Lunch: Chicken Taco Bake Fruit Salad Supper: Potato and Ham Soup Crackers Cookie	Lunch: Chicken Alfredo Garlic Toast Green Beans Supper: Fried Egg Sandwich Bacon Peaches	Lunch: Shepherd's Pie with Mixed Vegetables Jello Supper: Cheesy Hashbrowns Peas	Lunch: Meatloaf Mashed Potatoes Corn Supper: Chicken Noodle Soup Crackers Cookie	Lunch: Tuna Melt Fried Potatoes Jello with Mixed Fruit Supper: Chicken Nuggets Potato Chips Peas	Lunch: Ham & Swiss Sliders Carrots Peaches Supper: Cheese Burger on a Bun French Fries Fruit
8	9	10	11	12	13	14
Breakfast: French Toast Sausage Lunch: Cowboy Beans Mandarin Oranges Cookie Supper: Burrito/Wraps Chips Pickle	Lunch: Meatballs Mashed Potatoes Pears Supper: Twice Baked Potatoes Broccoli Applesauce	Lunch: Hashbrown Egg Bake Fruit Salad Toast Supper: Walking Taco Pineapple Cookie	Lunch: BLT's Pasta Salad Fruit Supper: Chicken Salad Sandwich Potato Chips Mixed Vegetable	Lunch: Biscuits & Sausage Gravy Mandarin Oranges Supper: Tomato Soup Grilled Cheese Dirt Cake	Lunch: Tuna Salad Sandwich Fries Mixed Fruit Supper: Roast Potatoes Carrots Jello	Lunch: Chicken Tenders Fried Potatoes Carrots & Peas Supper: Corn Dogs French Fries Peas
15	16	17	18	19	20	21
Breakfast: Fried Egg Sandwich Lunch: Sloppy Joe on a Bun Chips Peaches Supper: Cinnamon Toast Egg Bake Vegetable Peanut Butter Bon Bon	Lunch: Chicken Stir Fry Rice Jello Supper: Hot Roast Beef & Swiss Cheese Sandwich	Lunch: Salisbury Steak Mashed Potatoes Carrots Supper: Homemade Soup Chicken Noodle Crackers	Lunch: Chefs Choice Casserole Supper: Fried Ham Sandwich on Bread Stuffing Peas	Lunch: Beef Vegetable Stew Buttered Bread Peaches Supper: Cheese Quesadilla Corn Peas	Lunch: Fish Sandwich on a Bun Tater Tots Cole Slaw Supper: Tips & Noodles Green Beans Peanut Butter Rice	Lunch: Hamburger Gravy over Mashed Potatoes Peas Supper: Egg & Bacon Sandwich Mandarin Oranges
22	23	24	25	26	27	28
Breakfast: Oatmeal Lunch: Hot Dog on a Bun Mac & Cheese Applesauce Supper: Tuna Salad Sandwich Potato Chips Ice Cream Social in House 8 after supper	Lunch: Creamed Chipped Beef over Toast Peaches Supper: Baked Ziti Garlic Toast Green Beans	Lunch: Taco Bake Fruit Salad Supper: Chicken Gravy over Biscuits Mixed Vegetables	Lunch: Chicken Parmesan over Pasta Green Beans Supper: Sloppy Joe on a Bun Peas Nutter Butter	Lunch: Chicken Potato Bake Mixed Fruit Supper: Meatball Sub Cottage Cheese Cake	Lunch: Fish Sticks Tater Tots Peaches Supper: Chicken Rice & Broccoli Casserole Pudding	Lunch: BBQ Pork on a Bun Potato Salad Applesauce Supper: Chicken Nuggets French Fries Peas
29	30	31	1			
Breakfast: Scrambled Egg Toast Lunch: Ranch Chicken Spread on Bread Corn Peanut Butter Bar Supper: Bacon Cheeseburger Pasta Bake	Lunch: Popover Pizza Corn Brownie Supper: Tomato Basil Soup Grilled Cheese Peas	Halloween Party House 7 Lunch: Chicken Gravy over Biscuits Corn Brownie Supper: Vegetable Beef Soup Crackers	Lunch: Beef Stroganoff Carrots Applesauce Supper: KFC Bowl (Popcorn Chicken, Mashed Potatoes, Gravy, Corn)			

Monday - Saturday Breakfast is Hot/Cold Cereal/ Eggs and Toast

Please offer leftovers, peanut butter & jelly, and or eggs if a resident states they are hungry after finishing the main meal.