

August Activity Calendar 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
						AM: Read a Book with Residents PM: August Crossword
2	3	4	5	6	7	8
AM: Watch Church on TV PM: Stretching Exercises	AM: Dance With the residents PM: Play a game in your house	AM: ROM (Range of Motion) PM: Outside Activity Day	PM: tye dye gun shirt AM: Stepping up - stepping out	9:30 AM: Chair exercises PM: Play A Card Game	AM: Baking Day PM: Music, Singing & Dancing	AM: Start a Puzzle PM: Fly Swatter Paint Craft
9	10	11	12	13	14	15
AM: Watch Church on TV PM: Stretching Exercises	AM: Outside Activity Day PM: Board Games in Your House	AM: ROM (Range of Motion) PM: Read a Book Outside	AM: Button Tree craft craft PM: Stepping up - Stepping out	9:30 AM: Chair exercises PM: Catch with House Mates	AM: Baking Day PM: Card Game in your House	AM: Nail care day PM: Paper Plate Snail Craft
16	17	18	19	20	21	22
AM: Watch Church on TV PM: Stretching Exercises	AM: Sing a long in Your House PM: Go for A Walk	AM: Bingo Day PM: ROM (Range of Motion)	AM: Paint Day Craft PM: Stepping up - Stepping out	9:30 AM: Chair exercises PM: movie and popcorn	AM: Baking day PM: Read a Book, Magazine or Newspaper	AM: Board Game in your House PM: Egg Carton Caterpillar
23	24	25	26	27	28	29
AM: Watch Church on TV PM: Stretching Exercises	AM: Board Game Day PM: Play Music in Your House	AM: ROM (Range of Motion) PM: Puzzle Day	AM: Flower Craft Day PM: Make pancakes with your residents	9:30 AM: Chair exercises PM: Chair Yoga outside	AM: Baking Day PM: Read a Book, Magazine or Newspaper	AM: Board Game in your House PM: Moon and Star Craft
30	31					
AM: Watch Church on TV PM: Stretching Exercises	AM: Hoops With Friends PM: Play Music in Your House					